

## 1st Course, 1st Class

Monday, January 9

1. **Welcome!** 8 Students on the "Monday Team".  
About 10 Students on the "Wednesday Team".  
There are 5 Students who started one year ago.

There are about 40 students (I think) in previous programs, but only the current 3 programs are smaller and I work with you more intensively.

**EVERYTHING IS 100% CONFIDENTIAL!!!!!!**

2. Go to <https://www.AstrologyDC.com/monday> for the schedule of all classes for all 10 courses and a link to recordings and homework for the current course. We can see the homework for each week of the 8 weeks of this course.

The meeting room and this link rarely, if ever, change.

3. **The goals of this program:** (1) To have you develop professional proficiency giving consultations using Vibrational Astrology. (2) To understand Vibrational Astrology theory.

To accomplish this in a little over 2 years requires:

(a) Regular attendance in class. Missing about one class every 2 months is OK, but if you miss more than this, you will find that the recordings are not as good as attending live and you can easily fall behind.

(b) Spend about an hour every day doing Vibrational Astrology homework.

You will learn faster by doing only an hour a day as opposed to spending 8 hours every Saturday.

I have not seen an exception to this yet: Students who are very constant in their studies excel, and those who are inconsistent do not do as well.

Professional astrologers start off with a head start compared to beginners, but beginners have the advantage that it is often easier for them to do "pure VA" and can excel by the end of the program. If you have the time and motivation to study more, you will probably go to the top of the class so to speak.

4. If you do not have a Zoom account or other way to make record your screen and upload it, please go to zoom.us and get a free account. For some homework assignments in future courses you will record your screen so I can see what you are doing in the program and you will record practice consultations with clients.

5. Reminder: VA Conference early March. Thursday for my past and current students only.

#### 6. What is VA?

(a) Evidence-Based.

Is Leo good for acting? We do not see this in the database. We also do not see it with our clients.

#### **What we see in the data agrees with what we see with clients!**

There are many new "tricks" and techniques for Knowledge Discovery. For example, in genetics research Extreme Phenotype Sampling is now used very successfully. We use essentially the same kind of research method.

VA is compatible with modern professions and academia.

(b) Has a clear and comprehensive theoretical framework. We have simple theories that explain WHY there are zodiac signs, WHY there are houses, WHY aspects work, WHY arabic parts work, etc. The theoretical framework also helps us make new discoveries.

(c) Anything not carefully researched might be valid. Feel free to use ANYTHING you want to use in your consultations outside of these classes. In VA not say that ideas outside of VA are wrong; we just say that we have not confirmed them.

(d) In VA we do not know anything for certain. We have only levels of confidence. We have greatest confidence in ideas that have been confirmed with modern research methods, work very well with clients, and are consistent with VA theory. We also use ideas that are not strong in all of these 3 criteria, but with less confidence.

(e) VA is Empathic when applied. We feel the chart in the person. We listen and fully take in what the client is saying, we feel as if we could have had the client's chart, and we feel the circumstances of the client.

VA is similar to athletics where you learn the technique but then get in the zone in a game. It is also similar to music where you learn the notes, etc. but then when performing you emotionally enter into the song.

**7. The Sirius software:** If you have Sirius 3.0, you do NOT need to upgrade to Sirius 4.0 immediately. You can wait a few months. If you do not have the software yet, please get it and install it before the next class one week from today.

There are a few basic things that are essential to know about using the software. If you do not know these, you can feel lost and confused using it. When you know these few things and they are natural to you, many people

report that this is the easiest software to use. We will go over these basics and they are also in youtube videos.

**8. The youtube videos:** They are given as homework assignments. There are over 600 tutorial videos! They cover an enormous number of topics. You can go to youtube.com and search for "harmonic charts David Cochrane astrology", for example, and see that there are dozens of tutorial videos on this topic. Even Hellenistic, Vedic etc. topics are covered. Not all videos are given as homework assignments.

**9. Study Groups and Online Meetings:** One of the students on the Wednesday team, Subashish, is making a meeting group. There are many ways to do this: forums for entering information, social networking such as with facebook and other social networks, etc. I do not have anything set up for this yet. Let me know if you would like this and/or you have ideas of how you would like it done.

**10. Text me at 352-871-1931 and text Fei at 352-871-1910** something like "Hi, this is Sally" so I can put your name in my phone and Fei will put you in her phone in case we want to text you at any time in the future.

**11. Also, if you see schedule conflicts** in the dates of classes, you can text me and we will see if there is a date to reschedule the class. Changes will be made only if all 8 students are comfortable with the change, and this is somewhat unlikely.

Chat:

11:53:29 From Pam Gallagher To Everyone:

Pam Gallagher

11:54:09 From Margaret J Kupferle To Everyone:

Margaret Kupferle: Summit, NJ USA, March 13, 1957, 11:45 am (on hospital birth bracelet)

11:54:09 From Tamira To Everyone:

Tamira DK McGillivray

11:54:10 From Pam Gallagher To Everyone:

10-15-1944 8:43pm Cincinnati, OH

11:54:48 From Tamira To Everyone:

Tamira 06 06 1962 at 8:38 am Rectified from 8:40 am; Ingersoll Ontario

11:55:33 From Anne Orteelee (she/her) To Everyone:

Anne Orteelee 09/11/1 1954 6:02 pm Rochester, NY

11:56:04 From julierader To Everyone:

Julie Rader March 6, 1974 3:35am Cincinnati, OH

11:57:17 From Ashley To Everyone:

Ashley Daniel 7/24/87 5:47pm Elyria, OH

12:09:01 From Tamira To Everyone:

do you send us your notes?

12:11:28 From Cosmic Patterns To Everyone:

Hi Tamira, he has a link that he sends to everyone with the notes and ALL class schedules and homework. He should have sent this already

12:11:41 From Cosmic Patterns To Everyone:

If you did not get it, check the spam folder

12:12:08 From Cosmic Patterns To Everyone:

Otherwise, I will ask David to send it to ALL of you again after class today

12:13:03 From Cosmic Patterns To Everyone:

It is best to share

12:13:08 From Cosmic Patterns To Everyone:

to learn this

12:13:14 From Cosmic Patterns To Everyone:

so that we can get feedback

12:13:39 From Cosmic Patterns To Everyone:

Ahh there it is Tamira

12:14:56 From Cosmic Patterns To Everyone:

<https://www.astrologydc.com/monday>

12:20:21 From Fei To Everyone:

A lot of the topic on the videos are not fully discussed in class due to lack of time. So make sure you send your homework. Important parts that are in the videos are discussed in class. If you have a question, send him an email or text him or ask your question in class of you have a question of the video required within that class/course homework.

12:21:12 From Fei To Everyone:

David's phone number: 352-871-1931, My phone number 352-871-1910

12:21:22 From Fei To Everyone:

Your birth data will be entered in class later

12:22:09 From Fei To Everyone:

My personal email address if you have any questions or needs help with the class: [cochranefei@gmail.com](mailto:cochranefei@gmail.com)

12:23:06 From Fei To Everyone:

Make sure you watch the homework videos so that you are proficient with this technique by the time you graduate

12:27:27 From Fei To Everyone:

Some part of your mind will think, huh, "I know and I've used it the Leo is not shy" but in VA Leo is actually shy. This is where you start questioning yourself. Don't go there, embrace the VA system and interpretations that David will be teaching you to fully embrace and easily learn what you are learning.

12:30:43 From Fei To Everyone:

Hurray!!!

12:32:27 From Fei To Everyone:

Evidence based: we do research to get the interpretation.

12:34:32 From Anne Ortelee (she/her) To Everyone:

how to enable live transcription (closed captions during the reading)

12:34:34 From Anne Ortelee (she/her) To Everyone:

<https://support.zoom.us/hc/en-us/articles/115004794983-Audio-transcription-for-cloud-recordings>

12:35:10 From Fei To Everyone:

Feel free to type here if you have any questions while David is talking.

12:36:29 From Fei To Everyone:

Thank you Anne, copy that

12:42:32 From Fei To Everyone:

I went to the link Anne, we will practice it today and will make sure we have it selected next week. This way, we do not interrupt the current recording. Thank you, I have the steps

12:44:19 From Fei To Everyone:

It will all the hands on

12:45:08 From Fei To Everyone:

Vibrational Astrology: We use the energy and vibrations of each of the planets and each aspects to other planets.

12:45:23 From Fei To Everyone:

That is affecting the chart

12:45:58 From Fei To Everyone:

I mean, affecting the person

12:48:21 From Fei To Everyone:

I also suggest to always take notes of what he is saying specially during chart analysis. The notes that he will be typing up on the screen may not be complete so do not rely on that notes, it is important that you take notes during the lecture time. Watch the recording if you need where not able to catch up during class hours. The videos are up there 24/7

12:51:26 From Fei To Everyone:

It is best to apply it rather than learn the theory

12:55:37 From Fei To Everyone:

One you start watching the videos, you will be able to follow and use the program easily

12:56:12 From Fei To Everyone:

For those of you who has not purchased the program yet, I suggest purchasing it before you watch the videos. You may need to follow the steps on the videos

13:02:11 From Fei To Everyone:

RIGHT CLICK

13:02:59 From Fei To Everyone:

Two fingers click on the mouse pad

13:04:55 From Fei To Everyone:

Look, read, and click

13:05:32 From Fei To Everyone:

It is best to get an external USB mouse if you have a laptop or mac

13:07:22 From Fei To Everyone:

Text me all of your phone number so I can program it on my cell phone. Please include your name so I know and I can easily save it. You can text me any time

13:08:01 From Anne Ortelee (she/her) To Everyone:

646 484 1151 Anne Ortelee

13:08:18 From Fei To Everyone:

Thank you Anne

13:08:45 From Margaret J Kupferle To Everyone:

513-300-8197 Margaret Kupferle

13:09:06 From Pam Gallagher To Everyone:

513-675-8893 Pam Gallagher

13:09:18 From Fei To Everyone:

Thank you Marge

13:09:26 From Fei To Everyone:

I have yours Pam

13:09:32 From julierader To Everyone:

310-872-8587 Julie Rader

13:10:10 From Tamira To Everyone:

Tamira 902-414-9036

13:11:23 From Ashley To Everyone:

440-876-7647 Ashley Daniel

13:11:38 From Fei To Everyone:

Thank you Julie, Tamira and Ashley

13:11:58 From Tamira To Everyone:

it is very intuitive

13:12:51 From Tamira To Everyone:

But I think you have to be careful right? because sometimes you cannot get things back

13:13:39 From Fei To Everyone:

Yes, you have to be careful indeed

13:14:20 From Fei To Everyone:

Always pay attention to the 3 letter code that you are customizing. Any customizing that you are doing only applies to that current wheel style

13:19:37 From Fei To Everyone:

Hello Everyone: Please email your complete birth data so that I can create an input file for David. This will save him time entering all of your birth data while in class. My email address is [cochranefei@gmail.com](mailto:cochranefei@gmail.com) please include the source of your data (bc, rectified, etc.)

13:25:36 From Fei To Everyone:

Always put the subject then add "by David Cochrane"

13:28:12 From Fei To Everyone:

You can always contact David or I we are a very small group

13:28:35 From Tamira To Everyone:

can you text to Canada or do you do whats app

13:28:49 From Fei To Everyone:

Whatsapp

13:28:59 From Fei To Everyone:

I use WhatsApp Tamira

13:34:51 From Fei To Everyone:

TAKE NOTES EVERYONE!!!!

13:44:28 From Fei To Everyone:

TRUST THE CHART and follow the VA interpretation to make sure that your analysis is accurate

13:45:55 From Fei To Everyone:

I suggest you use your chart to learn it

13:46:12 From Fei To Everyone:

NO SHARING

13:47:58 From Fei To Everyone:



13:48:03 From Fei To Everyone:

Stick to VA

13:48:30 From Fei To Everyone:

To Avoid confusion, stick to VA energy and vibrational process

13:50:02 From Fei To Everyone:

Saturn: removes all unnecessary things or waste

14:05:14 From Fei To Everyone:

Great class!!!

14:05:30 From Pam Gallagher To Everyone:

Thanks Great!

14:05:55 From Ashley To Everyone:

Agreed! Thank you!